



Sample Menu

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Hot & Cold Cereals	Hot & Cold Cereals	Hot & Cold Cereals	Hot & Cold Cereals	Hot & Cold Cereals	Hot & Cold Cereals	Hot & Cold Cereals
	Bacon Scrambled Eggs Blueberry Muffin Toast Yogurt Bar Fruit Salad Juice & Milk	Pancakes & Syrup Sausage Links Mini Bagels Danish Yogurt Bar Fruit Salad Juice & Milk	Ham Scrambled Eggs Carrot Muffin Toast Yogurt Bar Fruit Salad Juice & Milk	Glazed French Toast Sausage Patties Mini Bagels Danish Yogurt Bar Fruit Salad Juice & Milk	Omelet Frittata Toast Muffins Yogurt Bar Fruit Salad Juice & Milk	Belgian Waffles Syrup Strawberry Compote Danish Sausage links Yogurt Bar Juice & Milk	Bacon & Eggs Toast Sticky Buns Mini Croissants Assort. Muffins Yogurt Bar Juice & Milk
LUNCH	Salad Bar Soup	Salad Bar Soup	Salad Bar Soup	Salad Bar Soup	Salad Bar Soup	Salad Bar Soup	Salad Bar Soup
	Chicken Salad or Veggie Wraps Chicken Fingers Chips	Turkey or Veggie Wraps Beef or Chicken Pies Nacho	Chicken Salad or Veggie Wraps Make Your Owen Subs Chips	Turkey or Veggie Wraps Chicken Burritos Fries (spicy lattice)	Chicken Salad or Veggie Wraps Chicken Burgers Chips	Chicken Salad or Veggie Wraps Beef Taco Nacho	Chicken Salad or Veggie Wraps Beef n' Roni
	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit	Assort. Pudding Cups Juice & Milk Fruit
DINNER	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	SUPPER SATURDAY
	Pasta (bow ties) Marinara Sauce Alfredo Sauce Meatballs Slice Chicken Garlic Bread	Beef Stir Fry S & S Chicken Balls Mini Spring Rolls Steam Rice	Beef or Chicken Fajita Spanish Rice Grilled Onions & Green Peppers Dinner Rolls	Rotisserie Chicken B.B.Q Pork Chops Roast Mini Red Mixed Veggie Dinner rolls	Souvlaki Chicken Sliced Gyros Pita Tzatziki Sauce Greek rice Honey Glazed Carrots Dinner Rolls	B.B.Q. Ribs B.B.Q. Chicken Bake Potatoes Skins Sour Cream, Cheese, Bacon bits Dinner Rolls	B.B.Q. Salmon Burger Beef Burger Sausages Hot Dogs Veggie Burgers Water & Juice Fruit
	Juice & Milk Butter Tarts	Juice & Milk Eclairs	Juice & Milk Brownies	Juice & Milk Chocolate Pudding	Juice & Milk Apple Crisp	Juice & Milk Cherry Turnovers	
SNACK	Juice & Milk Mini Doughnuts	Fruit Juice & Milk Rice Crisps Square	Juice & Milk Nacho & Salsa	Fruit Juice & Milk Assort. Doughnuts	Juice & Milk Bits & Bites	Fruit Juice & Milk Sherbet Sundae Cups	Fruit Juice & Milk Oatmeal & Chocolate Chips Cookies